

FOUNTAIN CITY RECREATION COMMISSION

Sportsmanship & Conduct

Code of Conduct

All participants, including players, coaches, parents, and spectators, are expected to adhere to the league's [Unsportsmanlike Conduct Policy](#). This policy emphasizes respect, sportsmanship, and fair play. Unsportsmanlike behavior, including verbal or physical abuse, will not be tolerated and will result in punishment. Additionally, FCRC has adopted a [Code of Conduct](#) for Coaches to ensure exceptional opportunities for all who participate in athletics at FCRC.

Player Conduct and Behavior



Players are expected to display good sportsmanship, respect for coaches, teammates, opponents, and officials, and adhere to the league's code of conduct. Any form of unsportsmanlike behavior, including verbal or physical abuse, will not be tolerated. As a youth basketball player participating in a league, it's essential to understand and uphold certain behavioral expectations that promote sportsmanship, teamwork, and personal growth. Here are some guidelines to help you navigate the league with integrity and respect:

- **Respect for Others:** Treat your coaches, teammates, opponents, officials, and spectators with respect and courtesy. Value diversity, embrace differences, and avoid any form of discrimination or bullying.
- **Sportsmanship:** Always display good sportsmanship, win or lose. Shake hands with your opponents after games, offer congratulations, and avoid taunting or gloating. Accept defeat graciously and learn from your mistakes to improve.
- **Teamwork:** Basketball is a team sport, so prioritize teamwork and collaboration. Communicate effectively with your teammates, support and encourage each other, and be willing to make sacrifices for the team.
- **Listening and Learning:** Be attentive during practices and games. Listen to your coaches' instructions, follow their guidance, and ask questions when needed. Be open to feedback and constantly strive to improve your skills and knowledge of the game.
- **Discipline and Commitment:** Show dedication and discipline by attending practices regularly, arriving on time, and giving your best effort. Maintain a positive attitude, even during challenging moments, and persevere through setbacks.
- **Self-Control:** Keep your emotions in check during games. Avoid arguing with officials, reacting impulsively, or engaging in unsportsmanlike behavior. Stay focused on the game and channel your energy towards constructive actions.
- **Responsibility:** Take responsibility for your actions, both on and off the court. Be mindful of your behavior in public, follow league rules, and adhere to any codes of conduct established by your team or organization.
- **Balanced Approach:** Remember that basketball is just one aspect of your life. Maintain a healthy balance between your academics, family, social life, and other activities. Prioritize your well-being and avoid excessive pressure or burnout.
- **Finally, treat others as you want to be treated.**